



Chronicles

PEACE OF MIND ... IN AN UNCERTAIN WORLD

Welcome to the second in our series of newsletters that will bring you information about our services to Industry, Occupational Hygiene & Occupational Health and Safety. The intention is to open this to clients and individuals who feel that they want to contribute to the success of these publications.



Spreading Our Wings in Iraq

C-CHEC Ltd can now add Iraq as one of the countries where we are working hard to promote good health in the workplace by deploying an Occupational Hygiene Advisor into the country to start with basic workplace health protection and work from there.



Kieran Collin who is the representative in Iraq has said there is not even a basic understanding but that the progress so far is really making a difference, even at this early stage. If you need support in remote locations such as the oil fields of the Middle East, Africa or the Caspian then you need specialists who understand the challenges. Why not drop us an e-mail.

A Change For The Better

Statutory Inspection and Testing of Local Exhaust ventilation systems has, for years been done by anyone who could pick up an anemometer. HSE now recognise that failings in testing and competency are affecting people's health, sometimes irreversibly.

C-CHEC have achieved the new HSE recommended competency by holding P601 certificate of competence for testing, but more importantly we can also advise on design through the P602 competency as well.



COSHH Essentials Offshore

HSE have finally managed to compile and launch COSHH Essentials for Offshore. This includes a range of control sheets for the industry, some of those prepared by C-CHEC Ltd and the rest reviewed by us in our role as the faculty Topic Group Leader for the Oil & Gas Industry. This clearly shows the level of understanding and professional knowledge we have for this industry sector.

So, What Do We Really Do?

As well as all the traditional subject areas in Occupational Hygiene that C-CHEC offers to its clients we have recently expanded our services. We have always provided our clients worldwide with support in:

- **OCCUPATIONAL HYGIENE - DUST, GASES, VAPOUR, VENTILATION, NOISE, AIR QUALITY, etc.**
- **ENVIRONMENTAL MONITORING - TRADE EFFLUENT, STACKS, VEHICLE POLLUTION, NOISE, CONTAMINATED LAND, etc.**
- **RADIOLOGICAL PROTECTION**
- **ASBESTOS SURVEYS, REASSURANCE AIR SAMPLING AND FINAL CLEARANCE TESTING SUPPORTED BY A STRATEGIC ALLIANCE (P402 & P405)**
- **OCC. HEALTH & ENV. MANAGEMENT SYSTEMS FROM SCRATCH OR VERIFICATION BY AUDIT**
- **TRAINING / PRACTICAL GUIDANCE - COSHH, Confined Spaces, etc., including Assessment by Exam**
- **STATUTORY INSPECTION AND TESTING OF LOCAL EXHAUST VENTILATION (LEV) AND HOLD HSE RECOGNISED P601 COMPETENCY, THE ONLY GUARANTEE OF COMPLIANCE.**

More recently we have expanded through recruitment and internal competency training into areas such as:

- **LOCAL EXHAUST VENTILATION DESIGN SUPPORT FOR SYSTEM UNDER ACHIEVING THROUGH HSE RECOGNISED COMPETENCY IN BASIC DESIGN, P602**
- **ERGONOMIC RISK ASSESSMENT FOR A RANGE OF WORKSTATIONS, OFFICE AND INDUSTRIAL INCLUDING VEHICLE CABS, PRODUCTION POSITIONS AND OFFICE THROUGH THE FACULTY OF OCCUPATIONAL HYGIENES MODULE IN ERGONOMICS**
- **LEGIONELLA RISK ASSESSMENT AND WATER MANAGEMENT THROUGH COMPETENCY AWARDED BY CITY & GUILDS AND SUPPORT BY CHARTERED STATUS MANAGEMENT IN WATER CHEMISTRY.**

Websites, Who Needs Them?

Like many of you, I am not a technophobe, but I do recognise the value of the internet, e-mail and websites! However, be focused when you search because the original intent of free information for all is diminishing. It is for this reason that we offer clients free e-mail enquiry and advice services, so that we can keep them on the right track without running up unnecessary charges that could otherwise be dealt with in this way. Do you need help or guidance in anything covered here or on our website? Drop us an e-mail!

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Subjects for future news

1. HAVS
2. Life in the Desert
3. Asbestos is still with us
4. Balancing workplace & Environment

Anything to Add?

E-mail us with anything you would like to see included in the next news sheet. If you would like to, you can write something yourself, either serious or light-hearted!